

Laughter Yoga International

live life laughing!

Dr. Madan Kataria

Founder Of The Laughter Yoga Movement

- Dr Madan Kataria, age 50, is popularly known as the Merry Medicine Man from India and the Guru of Giggling.
- He is the founder of the worldwide laughter club movement, where he shares his pioneering technique of group-laughter based on yoga.
- Dr Kataria has been the catalyst for the creation of over 5000 laughter clubs in 40 countries.
- Dr Kataria qualified as a medical physician and practiced medicine in Mumbai, India for 20 years. He was previously a registrar specializing in cardiology at Jaslok Hospital and Research Center, Mumbai.
- The Laughter Club concept is widely recognized and Dr. Kataria travels the world advising on the health benefits of laughter to the public, business and governments.
- An engaging speaker and presenter, he frequently appears on major world televisions and radios. He has been featured in the National Geographic, Wall Street Journal, Los Angeles Times, New York Times, Financial Times, the BBC, CNN, ABC, CBS, NHK and many more.
- He is the author of two books "Laugh for No Reason" and "A Family Health Guide Self - Medication, How Useful, How Harmful?"
- Dr Kataria provides customized staff development seminars, keynote speeches, workshops, and programs for national, as well as international conventions.



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Dr. Kataria's client lists includes UBS Bank, Hewlett Packard, SAS Airlines, Volvo Automobiles, Singapore Govt., Western Australian Parliament, Emirates Bank, Emirates Airlines, Glaxo Pharmaceuticals, and many more.

Based in Mumbai, India

Leading The Worldwide Movement Of Over 5000 Laughter Clubs in 40 Countries